

PILLARS AUGUST 2017

Godfrey Miller Historic Home and Fellowship Center
 28 South Loudoun Street Winchester, VA 22601 540-667-5869
 www.godfreymillerhome.org



Join us for a special Christmas Spectacular at Riverside Center, Fredericksburg, VA on Wednesday, November 29th. This will

get you in the spirit of the Christmas Season. Cost is \$89 per person and must be paid by Thursday, October 14th. Call (540)667-5869 to make your reservations.



On Wednesday, August 16th we will have lunch and a movie and of course popcorn. Join us for a showing of Hidden Figures. Sign up on the lunch sheet.

You are cordially invited to our Harvest Tea on Wednesday, September 20th at 11:30 am.

Reservations are necessary.



Save the Date...

Our Annual Century Club Dinner will be Saturday, October 21 2017.

Coming in this fall are mahjong, computer and knitting classes. Watch for details!

JUST SAY YES! Join us on Mondays at 10:30 am to learn about healthy eating and living: August 7-nutrition facts label. Cost \$3 per class. Pre-registration required.

Come join our canasta players Tuesdays at 10 am. Don't know how to play! Come AND ENJOY!



Join us for an Ice Cream Social on Thursday, August 24th at 1:30 p.m. Come stay cool with us!



Painting Classes taught by Caroline Jaynes Winslow continue on Tuesdays in August from 10:00 to noon! New students start the first Tuesday of the month.



Belle Amies Book Club meets on Tuesday, August 21st at 10 am in the Dining Room. This month is open read. New members welcome!

ARTHRITIS EXERCISE CLASS FOR YOUR HEALTH... Classes taught by Sonna Russell are Mondays and Wednesdays from 2 to 3 pm.

Gentle Chair Yoga is from 2 to 2:30 pm on Thursdays with teacher — Jill Donnelly-Hu. This exercise class embraces the body, mind and spirit.



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 EXECUTIVE DIRECTOR
 LINDA CONNELLY
 PROGRAM ASSISTANT
 CENTER OPEN
 MONDAY THROUGH THURSDAY
 10:00 AM TMAO 3:00 PM

AUGUST 2017

MONDAY

TUESDAY

WEDNESDAY THURSDAY

1

10 am Mahjong!
10 am Canasta
10:30 am Painting Class
12 PM Dick Bowers Duplicate

2

10 am Dominos, Party Bridge
12 pm Linda's Lunch
**2-3 PM ARTHRITIS
STRENGTHENING CLASS**

3

10 am Mahjong!
11 am Party Bridge
12 pm Linda's Lunch
2 pm Chair Yoga

7

10 am Party Bridge
10 am Mahjong!
10 am Hand & Foot
10:30 am JUST SAY YES!
**2 PM ARTHRITIS STRENGTHENING
CLASS**

12 pm Linda's Lunch
7 pm Dick Bowers Bridge

8

10 am Mahjong!
10:00 am Canasta
10:30 am Painting Class
12 pm Dick Bowers Duplicate

9

10 am Dominos, Party Bridge
12 pm Linda's Lunch
**2-3 PM ARTHRITIS
STRENGTHENING CLASS**

10

10 am Mahjong!
11 am Party Bridge
12 pm Linda's Lunch
2 pm Chair Yoga

14

10 am Party Bridge
10 am Mahjong!
10 am Hand & Foot
12 pm Old Town Kiwanis
**2 PM ARTHRITIS STRENGTHENING
CLASS**

7 pm Dick Bowers Bridge

15

**10 AM BELLE AMIES BOOK
CLUB**
10 am Mahjong!
10 am Canasta
10:30 am Painting Class
12 pm Dick Bowers Duplicate

16

10 am Dominos, Party Bridge
11:30 am BINGO
**12 PM LUNCH AND A
MOVIE**
**2-3 PM ARTHRITIS
STRENGTHENING CLASS**

17

10 am Mahjong!
11 am Party Bridge
12 pm Linda's Lunch
2 pm Chair Yoga

21

10 am Party Bridge
10 am Mahjong!
10 am Hand & Foot
12 pm Linda's Lunch
**2 PM ARTHRITIS STRENGTHENING
CLASS**

7 pm Dick Bowers Bridge

22

10 am Mahjong!
10 am Canasta
10:30 am Painting Class
12 pm Dick Bowers Duplicate

23

10 am Dominos, Party Bridge
12 pm Linda's Lunch
**2-3 PM ARTHRITIS
STRENGTHENING CLASS**

24

10 am Mahjong!
11 am Party Bridge
12 pm Linda's Lunch
1:30 PM ICE CREAM SOCIAL
2 pm Chair Yoga

28

10 am Party Bridge
10 am Mahjong!
10 am Hand & Foot
12 pm Old Town Kiwanis
**2 PM ARTHRITIS STRENGTHENING
CLASS**

7 pm Dick Bowers Bridge

29

10 am Mahjong!
10 am Canasta
10:30 am Painting Class
12 pm Dick Bowers Duplicate

30

10 am Dominos, Party Bridge
12 pm Linda's Lunch
**2-3 PM ARTHRITIS
STRENGTHENING CLASS**

**NOTE THAT
WEDNESDAY, SEP-
TEMBER 13TH IS
THE UNITED WAY
DAY OF CARING.**